

AVOCADO BRUSCHETTA

BY NIGELLA LAWSON

Original Recipe



BRUSCHETTA ALL'AVOCADO

TRANSLATION BY
FABIO GUARINO



SERVES: 3-6

INGREDIENTS

1 Ripe avocado
2 teaspoons lime juice
salt (to taste)
pepper (to taste)
4 thick slices of toasted sourdough bread
1 tablespoon chopped fresh parsley

METHOD:

To make the avocado bruschetta: halve the avocado; scoop the flesh into a bowl, along with the lime juice, then mash roughly, using a fork, and season to taste. Spread evenly on each waiting piece of toast and sprinkle with the parsley.

PORZIONI: 3-6

INGREDIENTI

1 avocado maturo
2 cucchiaini di succo di lime
sale (a piacere)
pepe (a piacere)
4 fette spesse di pane da bruschetta
1 cucchiaio di prezzemolo fresco

METHOD:

To make the avocado bruschetta: halve the avocado; scoop the flesh into a bowl, along with the lime juice, then mash roughly, using a fork, and season to taste. Spread evenly on each waiting piece of toast and sprinkle with the parsley.